



# 2019 Walking Schedule



Vancouver 'Venturers Meetup



Vancouver 'Venturers Facebook



[vancouverventurers@gmail.com](mailto:vancouverventurers@gmail.com)



[www.vancouverventurers.com](http://www.vancouverventurers.com)

## Vancouver 'Venturers Volkssport Club 2019 Walk Schedule - Weekends, Holidays and Thursdays

- Registration for walks start 30 minutes prior to start time. All walkers must register no later than 5 minutes prior to start time.
- To show appreciation to our Start Point host, please support their business, either before or after the walk.
- Immediately following the walk, join some of your fellow walkers for coffee or lunch at a nearby eatery.

### LEGEND:

**MW** – Map Walk; **EMW** – Evening Map Walk; **PT** – Permanent Trails

**VVVC** – Vancouver 'Venturers Volkssport Club; **STVC** – Surrey Trekkers Volkssport Club

**CVF** – Canadian Volkssport Federation; **GCWVC** – Garden City Wanderers Volkssport Club; **VABC** – Volkssport Association of BC

**SATVC** – St. Albert Trekkers Volkssport Club

**AVA** – American Volkssport Association; **CVC** – Capitol Volkssport Club; **CRVC** – Columbia River Volkssport Club; **NWTT** – Northwest Tulip Trekkers

**IVV** - Internationaler Volkssportverband (International Federation of Popular Sports)

### Other Volkssporting Websites:

Volkssport Association of BC (VABC): [www.volkssportingbc.ca](http://www.volkssportingbc.ca)

Canadian Volkssport Federation (CVF): [www.walks.ca](http://www.walks.ca)

American Volkssport Association (AVA): [www.ava.org](http://www.ava.org)

Internationaler Volkssportverband (International Federation of Popular Sports) (IVV): [www.ivv-web.org/English](http://www.ivv-web.org/English)

### Special Walking Programs

CVF and VABC have a number of Special Walking Programs which encourage Volkssporters to explore some of the scenic wonders of Canada. Participants receive special pins and certificates to recognize their achievements.

**CVF - For more information, go to [www.walks.ca](http://www.walks.ca) under What is Volkssport**

Canada Walks A-Z - Ongoing	Capital Cities - Ongoing	Canada Cup of Walking - Ongoing
Lighthouses - Ongoing	Bridges – Ends December 31, 2020	Winter Walking – Annual Oct 15 to March 31
Trans Canada Trail (new name The Great Trail) – Ends December 31, 2019	Murals – Ends December 31, 2019	Personal Walking Challenge
	Dock and Walk	

**VABC - For more information, go to [www.volkssportingbc.ca](http://www.volkssportingbc.ca) under What is Volkssport**

Walk BC	Walk BC Permanent Trail Challenge
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### Trail Ratings

All of our walks are rated with a number (which indicates the amount of hill climbing) followed by a letter (which indicates the smoothness or roughness of the trail). This is to help walkers gauge the degree of difficulty of the walk. Here is a summary of the ratings:

Part 1 - Incline	Part 2 - Terrain
1 Very little hill or stair climbing	A Walk is almost entirely on pavement, probably suitable for baby strollers
2 Some moderate hill or stair climbing	B A significant part of the walk takes place on well-groomed trails with very little more difficult terrain
3 Some significant hill or stair climbing	C A significant part of the walk takes place on somewhat difficult terrain (rocky/rooted paths)
4 A good deal of significant hill or stair climbing	D A significant part of the walk takes place on very difficult terrain
5 Many steep hills or high altitude trails	E The majority of the walk takes place on very difficult terrain

## JANUARY 2019

Date	Start Time	Location	Postal Code	Contact Person	Club	Event/ Rating (km)	Eating Establishment
Tue Jan 1	13:00	<b>New Year's Day</b> – Surrey – Green Timbers Cuatro Coffee, #202 – 9014 – 152 St	V3R 4E7	Dennis Hutton 604-588-7520	STVC	PT 6/10 2B	Edith + Arthur 8410 -160 <sup>th</sup> St 604-503-3477
Thu Jan 3	10:00	Richmond – Steveston Community Centre 4111 Moncton St	V7E 3A8	Denise vancouverventurers@gmail.com	VABC	PT 5/10 1B	O'Hare's Pub 5031 Steveston Hwy 604-277-2305
Sat Jan 5	10:00	Vancouver – Downtown - Chinatown JJ Bean Café, 1188 Alberni St @ Bute	V6E 1A5	Rita vancouverventurers@gmail.com	VVVC	PT 5/10 2A	Urban Fare, 1133 Alberni St 604-648-2053
Sun Jan 6	10:00	Surrey – Cedar Hills, No Frills Grocery Store Unit 108, 12852 – 96 Ave	V3V 6A8	Rita Hopmans 604-585-2685	STVC	PT 5/6/10/11 1B/2B	Donegal's Irish House 12054 96 Ave 604-584-2112
Thu Jan 10	10:00	Vancouver – Stanley Park – Seawall (East) Running Room, 679 Denman St @ W Georgia	V6G 2L3	Patricia vancouverventurers@gmail.com	VVVC	PT 5/10 1A/2B	White Spot 1616 W Georgia St 604-681-8034
Sat Jan 12	10:00	Richmond – South Arm Community Centre 8880 Williams Rd	V7A 1G6	Meg & Wayne Roberts 778-228-6611	STVC	MW 5/10 1A	Original Joe's Restaurant 11080 No 5 Rd 604-241-9194
Sun Jan 13	10:00	Vancouver - Kitsilano – Running Room, 2112 W 4 <sup>th</sup> Ave (W of Arbutus)	V6K 1N6	Sona & Susan vancouverventurers@gmail.com	VVVC	PT 5/10 2B	Nelly's Grill, 2061 W 4 <sup>th</sup> 604-736-6588 Bimini Pub, 2010 W 4 <sup>th</sup> 604-733-7116
Thu Jan 17	10:00	Vancouver – West End JJ Bean Café, 1188 Alberni St @ Bute	V6E 1A5	Diane vancouverventurers@gmail.com	VVVC	PT 5/10 2A	Breka Bakery & Café 818 Bute St 604-620-8200
Sat Jan 19	10:00	New Westminster -Queen's Park Queen's Park Picnic Shelter – 3 <sup>rd</sup> St & 1 <sup>st</sup> Ave	V3L 2G6	Leonard Colebert 604-809-5417	STVC	PT 5/10 3B	The Rivers Reach Pub 320 Sixth St 604-777-0101
Sun Jan 20	10:00	Vancouver – Stanley Park – Lions Gate Running Room, 679 Denman St @ W Georgia	V6G 2L3	Patricia vancouverventurers@gmail.com	VVVC	PT 7/10 1A/2B	White Spot 1616 W Georgia St 604-681-8034
Thu Jan 24	10:00	Vancouver – Arbutus Greenway (north) Indigo, 2505 Granville St	V6H 3G7	Lucille vancouverventurers@gmail.com	VVVC	PT 5/10 2A	Manchester Public Eatery 1941 W Broadway 604-568-6867
Sat Jan 26	10:00	Coquitlam – Coquitlam Centre/TCT, Ronsons Shoes, 2929 Barnet Hwy (inside North East Mall Entrance in front of H&M)	V3B 5R5	Evelyn Edwards 604-461-0060	VABC	PT 5/10 2B	Samz Neighbourhood Pub 2342 Elgin Ave 604-461-1174
Sun Jan 27	10:00	Vancouver – Seawall – Science World JJ Bean Café, 1188 Alberni St @ Bute	V6E 1A5	Rita vancouverventurers@gmail.com	VVVC	PT 5/10 2A	Urban Fare, 1133 Alberni St 604-648-2053
Thu Jan 31	10:00	Delta – Ladner, Ricky's All Day Drill 5239 Ladner Trunk Rd.	V4K 1W4	Jerry & Markku vancouverventurers@gmail.com	VVVC	PT 5/10 1B	Ricky's All Day Grill 604-946-7880

## FEBRUARY 2019

Date	Start Time	Location	Postal Code	Contact Person	Club	Event/ Rating (km)	Eating Establishment
Sat Feb 2	10:00	Vancouver – Stanley Park – Seawall (West) Running Room, 679 Denman St @ W Georgia	V6G 2L3	Patricia vancouverventurers@gmail.com	VVVC	PT 5/10 1A/2B	White Spot 1616 W Georgia St 604-681-8034
Sun Feb 3	10:30	Vancouver – False Creek Tilley Vancouver, 1750 W Broadway	V6J 1Y1	Chris Walter 604-377-8326	STVC	PT 5/10/12/15/17 2A	Carlos O'Bryan's 1774 W 7 <sup>th</sup> Ave 604-732-0010
Thu Feb 7	10:30	Vancouver - Kitsilano – Granville Island Running Room, 2112 W 4 <sup>th</sup> Ave (W of Arbutus)	V6K 1N6	Doug & Nancy vancouverventurers@gmail.com	VVVC	PT 5/10 2B	Jam Café, 2153 W 4 <sup>th</sup> 604-423-3350 Nelly's Grill, 2061 W 4 <sup>th</sup> 604-736-6588
Sat Feb 9	10:30	Richmond - Richmond Centre Ronsons Shoes, 6551 No 3 Rd	V6Y 2B6	Verni vancouverventurers@gmail.com	VABC	PT 5/10 1B	Legends Pub 9031 Blundell Rd 604-276-2343
Sun Feb 10	10:00	Surrey – Newton Athletic Park Pavilion Building, 7395 – 128 St	V3W 4E4	Brenda & Frank Dudfield 778-859-0201	STVC	MW 5/10 2B	Brewster's Pub, 7380 King George Blvd 604-598-8100
Thu Feb 14	10:00	Vancouver – Stanley Park – Trails Running Room, 679 Denman St @ W Georgia	V6G 2L3	Patricia vancouverventurers@gmail.com	VVVC	PT 5/10 1A/2B	White Spot 1616 W Georgia St 604-681-8034
Sat - Mon Feb 16-18	Various	<b>WA – Ocean Shores</b> Ocean Shores Lions Club 832 Ocean Shores Blvd	WA	<a href="http://www.capitolvolkssportclub.org">www.capitolvolkssportclub.org</a>	CVC	7 walks	Saturday night buffet
Sat Feb 16	10:00	Langley – Langley Parks Best Western Plus, 5978 Glover Rd	V3A 4H9	Sandra Kurylo 604-534-8806	STVC	PT 5/10/11 1B/2B	Match Eatery & Public House 20393 Fraser Hwy 604-539-4424
Sun Feb 17	10:00	Richmond – Steveston Community Centre 4111 Moncton St	V7E 3A8	Verni vancouverventurers@gmail.com	VABC	PT 5/10 1B	O'Hare's Pub 5031 Steveston Hwy 604-277-2305
Mon Feb 18	10:00	<b>BC Family Day</b> - West Vancouver Ambleside - Capilano River Café Crema, 1495 Bellevue Ave	V7T 1C3	Agnes vancouverventurers@gmail.com	VVVC	PT 5/10 2B	Pemberton Station Pub 135 Pemberton Ave 604-984-3558
Thu Feb 21	10:00	Vancouver – Downtown – West End JJ Bean Café, 1188 Alberni St @ Bute	V6E 1A5	Diane vancouverventurers@gmail.com	VVVC	PT 5/10 2A	Breka Bakery & Café 818 Bute St 604-620-8200
Sat Feb 23	10:00	Burnaby – Central Park, Starbucks 4405 Central Blvd between Hotel & Bus Loop	V5H 4H3	Lawrence & Sharon vancouverventurers@gmail.com	VABC	PT 5/10 1B	Firefighters Club 6515 Bonsor Ave 604-437-4347
Sun Feb 24	10:00	Surrey – Fleetwood, Serpentine Hills Parking Lot 96 Ave @ 172 St	V4N 2E2	Betty Agren 604-581-8090	STVC	PT 5/10 2B	Edith + Arthur 8410 -160 <sup>th</sup> St 604-503-3477
Thu Feb 28	10:00	Richmond – Terra Nova Thompson Community Centre, 5151 Granville Ave	V7C 1E6	Denise vancouverventurers@gmail.com	VABC	PT 5/10 1B	O'Hare's Pub 5031 Steveston Hwy 604-277-2305

**MARCH 2019**

<b>Date</b>	<b>Start Time</b>	<b>Location</b>	<b>Postal Code</b>	<b>Contact Person</b>	<b>Club</b>	<b>Event/ Rating (km)</b>	<b>Eating Establishment</b>
<i>Sat</i> Mar 2	10:00	Surrey – Kwomais Point Park 1367 – 128 St	V4A 3T5	Betty Agren 604-581-8090 Sheila Davidson 604-589-5610	STVC	MW 5/10 2B	Ocean Park Village Pub 12822 16 Ave 604-536-9654
<i>Sun</i> Mar 3	10:00	Vancouver – Shaughnessy/QE Park, Indigo, 2505 Granville St	V6H 3G7	Sona & Susan vancouverventurers@gmail.com	VVVC	PT 5/10 2A	Manchester Public Eatery 1941 W Broadway 604-568-6867
<i>Thu</i> Mar 7	10:30	Vancouver - Kitsilano Running Room, 2112 W 4 <sup>th</sup> Ave (W of Arbutus)	V6K 1N6	Doug & Nancy vancouverventurers@gmail.com	VVVC	PT 5/10 2B	Jam Café, 2153 W 4 <sup>th</sup> 604-423-3350 Nelly's Grill, 2061 W 4 <sup>th</sup> 604-736-6588
<i>Sat</i> Mar 9	10:00	Vancouver – Stanley Park – Seawall (East) Running Room, 679 Denman St @ W Georgia	V6G 2L3	Patricia vancouverventurers@gmail.com	VVVC	PT 5/10 1A/2B	White Spot 1616 W Georgia St 604-681-8034
<i>Sat</i> Mar 9	10:00	Port Moody – Rocky Point The Runners' Den, 239 Newport Dr	V3H 5C9	Bridget Fox 778-870-4160	VABC	PT 5/6/10 1B	Browns Socialhouse 215 Newport Dr 604-461-7676
<i>Sun</i> Mar 10	10:00	Surrey – Godwin Park – Tynehead Park 168 <sup>th</sup> St off 96 Ave	V4N 4X2	Penny McClure 778-545-8081	STVC	MW 5/10 2B	Baselines Pub 8233 166 St 604-576-6501
<i>Thu</i> Mar 14	10:00	Vancouver – Downtown - Chinatown JJ Bean Café, 1188 Alberni St @ Bute	V6E 1A5	Diane vancouverventurers@gmail.com	VVVC	PT 5/10 2A	Breka Bakery & Café 818 Bute St 604-620-8200
<i>Sat</i> Mar 16	10:00	Surrey – Fleetwood – Surrey Park & Surrey Lake – Fresh Street Market, 15930 Fraser Hwy	V4N 0X8	Betty Agren 604-581-8090	STVC	PT 5/6/10 2B	Edith + Arthur 8410 -160 <sup>th</sup> St 604-503-3477
<i>Sun</i> Mar 17	10:00	Delta – Tsawwassen – Boundary Bay Regional Park, Centennial Beach Concession Building, 570 Boundary Bay Rd	V4L 1N2	Verni vancouverventurers@gmail.com	VVVC	MW 5/10 1B	Concession in park or any restaurant/café on 56 Street
<i>Thu</i> Mar 21	10:00	Vancouver – Stanley Park Siwash Rock Viewpoint Running Room, 679 Denman St @ W Georgia	V6G 2L3	Patricia vancouverventurers@gmail.com	VVVC	PT 5/10 1A/2B	White Spot 1616 W Georgia St 604-681-8034
<i>Sat</i> Mar 23	10:00	North Delta – Westview Park 6500 block Westview Dr	V4E 3L6	Norm Leaman 604-585-9406	STVC	MW 5/10 2B	Sundowner Pub 11970A 64 Ave 604-594-7974
<i>Sun</i> Mar 24	10:00	Vancouver – West End JJ Bean Café, 1188 Alberni St @ Bute	V6E 1A5	Rita vancouverventurers@gmail.com	VVVC	PT 5/10 2A	Urban Fare, 1133 Alberni St 604-648-2053
<i>Thu</i> Mar 28	10:00	West Vancouver - Ambleside Café Crema, 1495 Bellevue Ave	V7T 1C3	Agnes vancouverventurers@gmail.com	VVVC	PT 5/10 2B	Any café/restaurant on Marine Dr
<i>Sat</i> Mar 30	10:00	New Westminster – Queensborough Community Centre, 920 Ewen Ave	V3M 5C8	Hélène & JC vancouverventurers@gmail.com	VVVC	MW 5/10 1B	Frankie G's Boilerhouse Pub 305 Ewen Ave 604-515-1678
<i>Sun</i> Mar 31	10:30	Vancouver – False Creek Tilley Vancouver, 1750 W Broadway	V6J 1Y1	Chris Walter 604-377-8326	STVC	PT 5/10/12/15/17 2A	Manchester Public Eatery 1941 W Broadway 604-568-6867

## APRIL 2019

Date	Start Time	Location	Postal Code	Contact Person	Club	Event/ Rating (km)	Eating Establishment
Thu Apr 4	10:30	Vancouver - Kitsilano – Granville Island Running Room, 2112 W 4 <sup>th</sup> Ave (W of Arbutus)	V6K 1N6	Doug & Nancy vancouverventurers@gmail.com	VVVC	PT 5/10 2B	Jam Café, 2153 W 4 <sup>th</sup> 604-423-3350 Nelly's Grill, 2061 W 4 <sup>th</sup> 604-736-6588
Sat Apr 6	10:00	Delta – Ladner, Ricky's All Day Drill 5239 Ladner Trunk Rd	V4K 1W4	Tish vancouverventurers@gmail.com	VVVC	PT 5/10 1B	Ricky's All Day Grill 604-946-7880
Sun Apr 7	10:00	Surrey – Elgin Heritage Park 13723 Crescent Rd	V4P 1J4	Jerry van Zuuk & Markku Vuorensivu 604-837-1869	STVC	MW 5/10 3C	Townhall Public House 3140 King George Blvd 604-385-1008
Thu Apr 11	10:00	Vancouver – Stanley Park – Trails Running Room, 679 Denman St @ W Georgia	V6G 2L3	Patricia vancouverventurers@gmail.com	VVVC	PT 5/10 1A/2B	White Spot 1616 W Georgia St 604-681-8034
Sat Apr 13	10:00	Vancouver – Arbutus Greenway (south) Kerrisdale Arena, 5670 East Boulevard	V6M 3W9	Sona & Susan vancouverventurers@gmail.com	VVVC	MW 5/10 1A	TBA
Sun Apr 14	10:00	New Westminster - Queen's Park Queen's Park Picnic Shelter – 3 <sup>rd</sup> St & 1 <sup>st</sup> Ave	V3L 2G6	Leonard Colebert 604-809-5417	STVC	PT 5/10 3B	The Rivers Reach Pub 320 Sixth St 604-777-0101
Thu Apr 18	10:30	Richmond - Richmond Centre Ronsons Shoes, 6551 No 3 Rd	V6Y 2B6	Doug & Nancy vancouverventurers@gmail.com	VABC	PT 5/10 1B	Legends Pub 9031 Blundell Rd 604-276-2343
Fri Apr 19	10:00	<b>Good Friday</b> – Surrey – Crescent Park Crescent Rd & 129 Street	V4P 1J6	Jerry van Zuuk & Markku Vuorensivu 604-837-1869	STVC	PT 5/10/11 1B/3B	Ocean Park Village Pub 12822 16 Ave 604-536-9654
Sat Apr 20	10:00	Surrey – Green Timbers Cuatro Coffee, #202 – 9014 – 152 St	V3R 4E7	Dennis Hutton 604-588-7520	STVC	PT 6/10 2B	Edith + Arthur 8410 -160 <sup>th</sup> St 604-503-3477
Sun Apr 21	10:00	<b>Easter Sunday</b> - Richmond – Terra Nova Thompson Community Centre, 5151 Granville Ave	V7C 1E6	Denise vancouverventurers@gmail.com	VABC	PT 5/10 1B	O'Hare's Pub 5031 Steveston Hwy 604-277-2305
Mon Apr 22	10:00	<b>Easter Monday</b> – Vancouver Seawall – Science World JJ Bean Café, 1188 Alberni St @ Bute	V6E 1A5	Rita vancouverventurers@gmail.com	VVVC	PT 5/10 2A	Urban Fare, 1133 Alberni St 604-648-2053
Thu Apr 25	10:00	Vancouver – Stanley Park – Seawall (West) Running Room, 679 Denman St @ W Georgia	V6G 2L3	Patricia vancouverventurers@gmail.com	VVVC	PT 5/10 1A/2B	White Spot 1616 W Georgia St 604-681-8034
Sat Apr 27	10:00	Surrey – Holland Park, Tri Parks 13428 Old Yale Rd @ King George Blvd	V3T 2V8	Sandi Walton 604-417-9877	STVC	MW 5/10 2B	Central City Brew Pub 13450 102 St 604-582-6620
Sun Apr 28	10:00	Vancouver – Downtown – West End JJ Bean Café, 1188 Alberni St @ Bute	V6E 1A5	Doug & Nancy or Agnes vancouverventurers@gmail.com	VVVC	PT 5/10 2A	Urban Fare, 1133 Alberni St 604-648-2053
Sun Apr 28	10:00	Coquitlam - Mundy Park from Parking Lot 641 Hillcrest St	V3J 2H5	Sherrie & Dick Procopio 604-417-7750	VABC	PT 5/10 2B	John B Pub 1000 Austin Ave 604-931-2337

## MAY 2019

Date	Start Time	Location	Postal Code	Contact Person	Club	Event/ Rating (km)	Eating Establishment
Thu May 2	10:00	Burnaby – Central Park, Starbucks 4405 Central Blvd between Hotel & Bus Loop	V5H 4H3	Lawrence vancouverventurers@gmail.com	VABC	PT 5/10 1B	Boston Pizza – #135 6200 McKay Ave 604-431-6565
Thu-Mon May 2-6	Various	<b>Victoria - Phoenix Festival</b> Greek Community Centre, 4648 Elk Lake Dr	V8Z 5M1	<a href="mailto:phoenix@vvpf.ca">phoenix@vvpf.ca</a>	GCWVC	Various	Various
Sat May 4	10:00	Vancouver - Kitsilano – Granville Island Running Room, 2112 W 4 <sup>th</sup> Ave (W of Arbutus)	V6K 1N6	Sona & Susan vancouverventurers@gmail.com	VVVC	PT 5/10 2B	Nelly's Grill, 2061 W 4 <sup>th</sup> 604-736-6588 Bimini Pub, 2010 W 4 <sup>th</sup> 604-733-7116
Sun May 5	10:00	Langley – Langley Parks Best Western Plus, 5978 Glover Rd	V3A 4H9	Sandra Kurylo 604-534-8806	STVC	PT 5/10/11 1B/2B	Match Eatery & Public House 20393 Fraser Hwy 604-539-4424
Mon -Sat May 6-11	Various	<b>Walk the Island Coast to Coast</b> Two walks a day	Various	<a href="http://www.vvpf.ca/coasttocoast">www.vvpf.ca/coasttocoast</a>	GCWVC	Various	Various
Thu May 9	10:00	Vancouver – Arbutus Greenway (north) Indigo, 2505 Granville St	V6H 3G7	Lucille vancouverventurers@gmail.com	VVVC	PT 5/10 2A	Manchester Public Eatery 1941 W Broadway 604-568-6867
Sat May 11	10:00	<b>VABC Walk and AGM</b> – Nanaimo Nanaimo Aquatic Centre, 741 Third St	V9R 7B2	Patricia Anderson 250-751-7952 Brenda Dudfield 604-584-1900	VABC	MW 6/10/12 1B/2B	Lunch provided prior to AGM
Sat May 11	10:00	<b>World Walking Day</b> - Surrey – Softball City Centennial Park, South Surrey Arena 2199 – 148 St	V4A 8L5	Gina & Daniel L'Herbier 604-594-5501	STVC	MW 5/10 2B	Sawbucks Neighbourhood Pub 1626 – 152 St 604-563--6420
Sun May 12	10:00	<b>World Walking Day/ Mother's Day</b> Vancouver – Stanley Park – Lions Gate Running Room, 679 Denman St @ W Georgia	V6G 2L3	Patricia vancouverventurers@gmail.com	VVVC	PT 7/10 1A/2B	White Spot 1616 W Georgia St 604-681-8034
Thu May 16	10:00	Richmond – Steveston Community Centre 4111 Moncton St	V7E 3A8	Denise vancouverventurers@gmail.com	VABC	PT 5/10 1B	O'Hare's Pub 5031 Steveston Hwy 604-277-2305
Sat May 18	10:00	<b>National Walking Weekend</b> – Maple Ridge Malcolm Knapp Research Forest 14500 Silver Valley Rd	V4R 2R3	Sandy Meyer 604-319-2308	STVC	MW 5/10 2C	Black Sheep Pub & Grill 12968 232 St 604-476-1008
Sun May 19	10:00	<b>National Walking Weekend</b> - Vancouver Seawall – Science World JJ Bean Café, 1188 Alberni St @ Bute	V6E 1A5	Rita vancouverventurers@gmail.com	VVVC	PT 5/10 2A	Urban Fare, 1133 Alberni St 604-648-2053
Mon May 20	10:00	<b>Victoria Day</b> - Coquitlam - Mundy Park from Parking Lot 641 Hillcrest St	V3J 2H5	Sherrie & Dick Procopio 604-417-7750	VABC	PT 5/10 2B	John B Pub 1000 Austin Ave 604-931-2337
Thu May 23	10:00	West Vancouver, Ambleside - Capilano River Café Crema, 1495 Bellevue Ave	V7T 1C3	Agnes vancouverventurers@gmail.com	VVVC	PT 5/10 2B	Any café/restaurant on Marine Dr
Sat May 25	10:00	Burnaby – Central Park, Starbucks, 4405 Central Blvd between Hotel & Bus Loop	V5H 4H3	Lawrence & Sharon vancouverventurers@gmail.com	VABC	PT 5/10 1B	Firefighters Club 6515 Bonsor Ave 604-437-4347
Sun May 26	10:00	Surrey – Sullivan Park 6306 152 St (end of 62A Ave) <b>CVF – AGM Conference call 12:00 PDT</b>	V3S 3K9	Denise McDougal 604-761-4140	STVC	MW 5/10 2A	New York, New York Greek Restaurant 6361 152 St 604-572-4222
Thu May 30	10:00	Vancouver – Downtown - Chinatown JJ Bean Café, 1188 Alberni St @ Bute	V6E 1A5	Doug & Nancy or Agnes vancouverventurers@gmail.com	VVVC	PT 5/10 2A	Breka Bakery & Café 818 Bute St 604-620-8200

## JUNE 2019

Date	Start Time	Location	Postal Code	Contact Person	Club	Event/ Rating (km)	Eating Establishment
Sat Jun 1	10:00	Delta – Nordel Cravings Coffee, 11146B – 84 Ave	V4C 2L6	Jill Powers 604-496-6536	STVC	PT 5/10 2A/2B	Delta Lion Pub 11186 84 Ave 604-591-2111
Sun Jun 2	10:00	Vancouver – Southlands - McCleery Golf Course, 7188 Macdonald St	V6N 1G2	Sharon vancouverventurers@gmail.com	VVVC	MW 5/10 2B	McCleery Golf Course Clubhouse 7188 Macdonald St 604-257-8181
Thu Jun 6	10:00	Vancouver – Stanley Park – Trails Running Room, 679 Denman St @ W Georgia	V6G 2L3	Patricia vancouverventurers@gmail.com	VVVC	PT 5/10 1A/2B	White Spot 1616 W Georgia St 604-681-8034
Sat Jun 8	10:00	Richmond – Steveston Community Centre 4111 Moncton St	V7E 3A8	Verni vancouverventurers@gmail.com	VABC	PT 5/10 1B	O'Hare's Pub 5031 Steveston Hwy 604-277-2305
Sun Jun 9	10:00	Vancouver – Britannia Community Services Centre, 1661 Napier St	V4L 4X4	Lynn Low & Frank Sam 604-209-2649	STVC	MW 5/10 1A	Any restaurant on Commercial Drive
Sun - Sun Jun 9 -16	Various	21 <sup>st</sup> AVA Biennial Convention Albany, New York – and other places	Various	<a href="http://walkescv.org/ava2019/convention/welcome">walkescv.org/ava2019 convention/welcome</a>	AVA	Various	
Thu Jun 13	10:00	Vancouver – Shaughnessy/QE Park, Indigo, 2505 Granville St	V6H 3G7	Lucille vancouverventurers@gmail.com	VVVC	PT 5/10 2A	Manchester Public Eatery 1941 W Broadway 604-568-6867
Sat Jun 15	10:00	Surrey Fest – Surrey – Cedar Hills, No Frills Grocery Store, Unit 108, 12852 – 96 Ave	V3V 6A8	Rita Hopmans 604-585-2685	STVC	PT 5/6/10/11 1B/2B	Donegal's Irish House 12054 96 Ave 604-584-2112
Sun Jun 16	10:00	<b>Father's Day</b> – Vancouver – Pacific Spirit Regional Park, Park Centre Parking Lot 4915 West 16th Ave	V6R 3E9	Lucille vancouverventurers@gmail.com	VVVC	MW 5/10 2B	TBA
Thu Jun 20	10:30	Vancouver - Kitsilano Running Room, 2112 W 4 <sup>th</sup> Ave (W of Arbutus)	V6K 1N6	Doug & Nancy vancouverventurers@gmail.com	VVVC	PT 5/10 2B	Jam Café, 2153 W 4 <sup>th</sup> 604-423-3350 Nelly's Grill, 2061 W 4 <sup>th</sup> 604-736-6588
Sat Jun 22	10:00	<b>Special Event</b> - New Westminster Queen's Park, Queen's Park Picnic Shelter 3 <sup>rd</sup> St & 1 <sup>st</sup> Ave	V3L 2G6	Yvonne & Leonard Colebert 604-809-5417	STVC	PT 5/10 3B	<b>SPECIAL EVENT PICNIC</b>
Sun Jun 23	10:00	Vancouver – Downtown - Chinatown JJ Bean Café, 1188 Alberni St @ Bute	V6E 1A5	Doug & Nancy or Agnes vancouverventurers@gmail.com	VVVC	PT 5/10 2A	Urban Fare, 1133 Alberni St 604-648-2053
Thu Jun 27	10:00	Vancouver – West End JJ Bean Café, 1188 Alberni St @ Bute	V6E 1A5	Doug & Nancy or Agnes vancouverventurers@gmail.com	VVVC	PT 5/10 2A	Breka Bakery & Café 818 Bute St 604-620-8200
Sat Jun 29	10:00	Abbotsford – Historic Downtown Mill Lake Parking Lot, 32995 Bevan Ave	V2S 3C6	Brenda Dudfield 778-859-0201	CVF	PT 5/10 2B	Townhall Pub – 33720 South Fraser Way 604-746-4000
Sun Jun 30	10:00	West Vancouver – Ambleside Café Crema, 1495 Bellevue Ave	V7T 1C3	Agnes vancouverventurers@gmail.com	VVVC	PT 5/10 2B	Pemberton Station Pub 135 Pemberton Ave 604-984-3558



## JULY 2019

Date	Start Time	Location	Postal Code	Contact Person	Club	Event/ Rating (km)	Eating Establishment
Mon Jul 1	10:00	<b>Canada Day – Surrey – Cloverdale Parks &amp; Trails – Clover Square Village</b> 17790 No. 10 Highway	V3S 1C7	Carole & Reg Ahern 604-584-0039	STVC	MW 5/10 2A	Rusty's Neighbourhood Pub 17770 56 Ave 604-574-5512
Thu Jul 4	10:00	Delta – Ladner, Ricky's All Day Drill 5239 Ladner Trunk Rd	V4K 1W4	Tish vancouverventurers@gmail.com	VVVC	PT 5/10 1B	Ricky's All Day Grill 604-946-7880
Sat Jul 6	10:00	Vancouver – Champlain Heights Champlain Square Mall, 7180 Kerr St	V5S 4W2	Pat vancouverventurers@gmail.com	VVVC	MW 6/10 2B	Village Pub , 7725 Champlain Cres 604-433-1111
Sun Jul 7	10:00	Langley – Langley Parks Best Western Plus , 5978 Glover Rd	V3A 4H9	Sandra Kurylo 604-534-8806	STVC	PT 5/10/11 1B/2B	Match Eatery & Public House 20393 Fraser Hwy 604-539-4424
Thu Jul 11	10:00	Vancouver – Stanley Park – Seawall (West) Running Room, 679 Denman St @ W Georgia	V6G 2L3	Patricia vancouverventurers@gmail.com	VVVC	PT 5/10 1A/2B	White Spot 1616 W Georgia St 604-681-8034
Sat Jul 13	10:00	Langley Township - Langley Trails & BBQ 21054 - 46A Ave	V3A 3K3	Leslie Gaudette 778-908-5608	STVC	MW 5/10 2B	Annual Club BBQ 21054 - 46A Ave 604-630-4201
Sun Jul 14	10:00	West Vancouver – Horseshoe Bay, Gleneagles Community Centre, 6262 Marine Dr	V7W 2S5	Brenda Dudfield 778-859-0201	CVF	PT 5/10 2B	Troller Ale House 6342 Bay Street 604-921-7616
Thu Jul 18	10:30	Richmond - Richmond Centre Ronsons Shoes, 6551 No 3 Rd	V6Y 2B6	Doug & Nancy vancouverventurers@gmail.com	VABC	PT 5/10 1B	Legends Pub 9031 Blundell Rd 604-276-2343
Sat Jul 20	10:00	Vancouver - Seawall – Science World JJ Bean Café, 1188 Alberni St @ Bute	V6E 1A5	Rita vancouverventurers@gmail.com	VVVC	PT 5/10 2A	Urban Fare, 1133 Alberni St 604-648-2053
Sat Jul 20	10:00	Coquitlam – Coquitlam Centre/TCT, Ronsons Shoes, 2929 Barnet Hwy (inside North East Mall Entrance in front of H&M)	V3B 5R5	Evelyn Edwards 604-461-0060	VABC	PT 5/10 2B	Samz Neighbourhood Pub 2342 Elgin Ave 604-461-1174
Sun Jul 21	10:00	Cultus Lake – Cultus Lake Prov. Park Cultus Lake Golf course, 4000 Columbia Valley	V2R 5H6	Dale Challice 604-866-8077	STVC	MW 5/10 2B	Legends Bistro @ Golf Club 1-604-858-9902
Thu Jul 25	10:30	Vancouver - Kitsilano – Granville Island Running Room, 2112 W 4 <sup>th</sup> Ave (W of Arbutus)	V6K 1N6	Doug & Nancy vancouverventurers@gmail.com	VVVC	PT 5/10 2B	Jam Café, 2153 W 4 <sup>th</sup> 604-423-3350 Nelly's Grill, 2061 W 4 <sup>th</sup> 604-736-6588
Sat Jul 27	10:00	Surrey – Mud Bay (West), 4807 Railway Rd enter off Colebrook Rd & 127A St	V3L 0L2	Patricia & Ray Poitras 778-549-9070	STVC	MW 5/10 2B	Sundowner Pub 11970A 64 Ave 604-591-7974
Sun Jul 28	10:00	Vancouver – Arbutus Greenway (north) Indigo, 2505 Granville St	V6H 3G7	Sona & Susan vancouverventurers@gmail.com	VVVC	PT 5/10 2A	Manchester Public Eatery 1941 W Broadway 604-568-6867

## AUGUST 2019

Date	Start Time	Location	Postal Code	Contact Person	Club	Event/ Rating (km)	Eating Establishment
Thu Aug 1	10:00	Vancouver – Stanley Park – Trails Running Room, 679 Denman St @ W Georgia	V6G 2L3	Patricia vancouverventurers@gmail.com	VVVC	PT 5/10 1A/2B	White Spot 1616 W Georgia St 604-681-8034
Sat Aug 3	10:00	Vancouver - Point Grey Beaches & University Endowment Lands, Locarno Beach Concession Building, 4445 NW Marine Drive	V6R 1B7	Agnes vancouverventurers@gmail.com	VVVC	MW 5/10 2B	Concessions in park or any restaurant/café on West 4 <sup>th</sup> Avenue.
Sun Aug 4	10:30	Vancouver – False Creek Tilley Vancouver, 1750 W Broadway	V6J 1Y1	Chris Walter 604-377-8326	STVC	PT 5/10/12/15/17 2A	Manchester Public Eatery 1941 W Broadway 604-568-6867
Mon Aug 5	10:00	<b>BC DAY</b> – West Vancouver – Lighthouse Park Parking lot, end of Beacon Lane	V7W 1K5	Brenda Dudfield 778-859-0201	CVF	PT 5/10 2B/3B	Pemberton Station Pub 135 Pemberton Ave 604-984-3558
Thu Aug 8	10:00	Vancouver - Stanley Park Siwash Rock Viewpoint Running Room, 679 Denman St @ W Georgia	V6G 2L3	Patricia vancouverventurers@gmail.com	VVVC	PT 5/10 1A/2B	White Spot 1616 W Georgia St 604-681-8034
Sat Aug 10	10:00	<b>Special Event</b> - Surrey – Peace Arch Prov. Park, Picnic area, Beach Rd & Hwy 99	V3T 9V8	Jan & Rick Bortolussi 778-828-4588	STVC	MW 5/10 1B	<b>Special Event Picnic</b>
Sun Aug 11	10:00	Delta – Ladner, Ricky's All Day Drill 5239 Ladner Trunk Rd	V4K 1W4	Tish vancouverventurers@gmail.com	VVVC	PT 5/10 1B	Ricky's All Day Grill 604-946-7880
Thu Aug 15	10:00	Burnaby – Central Park, Starbucks, 4405 Central Blvd between Hotel & Bus Loop	V5H 4H3	Lawrence vancouverventurers@gmail.com	VABC	PT 5/10 1B	Boston Pizza – #135 6200 McKay Ave 604-431-6565
Thu Aug 15	10:00	Gulf Islands – Mayne Island – Village Bay Ferry Terminal, Village Bay Rd & Letour Rd	V0N 2J2	Brenda Dudfield 778-859-0201	CVF	PT 8/11/13/14 2B/3C	Pack a lunch or Lunch on Ferry
Sat Aug 17	10:00	Vancouver - Kitsilano Running Room, 2112 W 4 <sup>th</sup> Ave (W of Arbutus)	V6K 1N6	Sona & Susan vancouverventurers@gmail.com	VVVC	PT 5/10 2B	Nelly's Grill, 2061 W 4 <sup>th</sup> 604-736-6588 Bimini Pub, 2010 W 4 <sup>th</sup> 604-733-7116
Sat Aug 17	10:00	Port Moody – Rocky Point, The Runners' Den, 239 Newport Dr	V3H 5C9	Bridget Fox 778-870-4160	VABC	PT 5/6/10 1B	Browns Socialhouse 215 Newport Dr 604-461-7676
Sun Aug 18	10:00	Surrey – Surrey Bend Regional Park East end of 104 Ave (Barnston Island ferry dock Parking Lot)	V4N 4X6	Barb Hudson 604-314-0021 Patricia Goerndt 604-575-1012	STVC	MW 5/10 1A	Jimmy Mac's Neighbourhood Pub 19935 96 Ave 604-888-8830
Thu Aug 22	10:00	Vancouver – Downtown – West End JJ Bean Café, 1188 Alberni St @ Bute	V6E 1A5	Doug & Nancy or Agnes vancouverventurers@gmail.com	VVVC	PT 5/10 2A	Breka Bakery & Café 818 Bute St 604-620-8200
Sat Aug 24	10:00	Surrey – Cedar Hills, No Frills Grocery Store Unit 108, 12852 – 96 Ave	V3V 6A8	Rita Hopmans 604-585-2685	STVC	PT 5/6/10/11 1B/2B	Donegal's Irish House 12054 96 Ave 604-584-2112
Sun Aug 25	10:00	Squamish – Town & Beach TBA		Verni & Lucille vancouverventurers@gmail.com	VVVC	MW 5/10 2B	TBA
Thu Aug 29	10:00	Vancouver – Shaughnessy/QE Park, Indigo, 2505 Granville St	V6H 3G7	Lucille vancouverventurers@gmail.com	VVVC	PT 5/10 2A	Manchester Public Eatery 1941 W Broadway 604-568-6867
Sat - Mon Aug 31 - Sep 2	Various	Alberta – Annual Alberta Majesty Cypress Hills & Medicine Hat		Kathleen Parr Walksalot2@shaw.ca	SATVC	Various	
Sat Aug 31	10:00	New Westminster – Grimston Park, Picnic table near wading pool, 1800 block 7 <sup>th</sup> Ave	V3M 2L2	Sharon Smith 250-267-3227	STVC	MW 5/10 3B	Rivers Reach Pub 320 6 <sup>th</sup> St 604-777-0101

## SEPTEMBER 2019

Date	Start Time	Location	Postal Code	Contact Person	Club	Event/ Rating (km)	Eating Establishment
Sun Sep 1	10:00	Vancouver – Stanley Park – Lions Gate Running Room, 679 Denman St @ W Georgia	V6G 2L3	Patricia vancouverventurers@gmail.com	VVVC	PT 7/10 1A/2B	White Spot 1616 W Georgia St 604-681-8034
Mon Sep 2	10:00	<b>Labour Day</b> - Richmond – Terra Nova Thompson Community Centre 5151 Granville Ave	V7C 1E6	Denise vancouverventurers@gmail.com	VABC	PT 5/10 1B	O'Hare's Pub 5031 Steveston Hwy 604-277-2305
Thu Sep 5	10:00	Vancouver – Downtown - Chinatown JJ Bean Café, 1188 Alberni St @ Bute	V6E 1A5	Doug & Nancy or Agnes vancouverventurers@gmail.com	VVVC	PT 5/10 2A	Breka Bakery & Café 818 Bute St 604-620-8200
Sat Sep 7	10:00	Vancouver - Kitsilano – Granville Island Running Room, 2112 W 4 <sup>th</sup> Ave (W of Arbutus)	V6K 1N6	Sona & Susan vancouverventurers@gmail.com	VVVC	PT 5/10 2B	Nelly's Grill, 2061 W 4 <sup>th</sup> 604-736-6588 Bimini Pub, 2010 W 4 <sup>th</sup> 604-733-7116
Sun Sep 8	10:00	Pitt Meadows – Pitt Meadows Athletic Park 11435 Bonson Rd	V3Y 2S3	Sherrie & Dick Procopio 604-417-7750	STVC	MW 5/10 1B	Jolly Coachman Pub 19167 Ford Rd 604-465-9911
Thu Sep 12	10:00	Vancouver – Stanley Park – Seawall (East) Running Room, 679 Denman St @ W Georgia	V6G 2L3	Patricia vancouverventurers@gmail.com	VVVC	PT 5/10 1A/2B	White Spot 1616 W Georgia St 604-681-8034
Thu–Sun Sep 12 -15		Columbia River Volkssport Club Events in Bend, Sunriver, Sisters, Redmond	Oregon	<a href="http://www.walking4fun.org">www.walking4fun.org</a>	CRVC	Various	
Sat Sep 14	10:00	Richmond – Sea Island & Burkeville Flying Beaver Bar & Grill, 4760 Inglis Dr	V7B 1W4	Denise vancouverventurers@gmail.com	VVVC	MW 5/10 1B	Flying Beaver Bar & Grill 4760 Inglis Dr 604-273-0278
Sun Sep 15	10:00	Surrey – Fleetwood – Surrey Park & Surrey Lake, Fresh Street Market, 15930 Fraser Hwy	V4N 0X8	Betty Agren 604-581-8090	STVC	PT 5/6/10 2B	Edith + Arthur 8410 -160 <sup>th</sup> St 604-503-3477
Thu Sep 19	10:00	Richmond – Steveston Community Centre 4111 Moncton St	V7E 3A8	Denise vancouverventurers@gmail.com	VABC	PT 5/10 1B	O'Hare's Pub 5031 Steveston Hwy 604-277-2305
Fri – Sun Sep 20 -22		Winthrop Rendezvous II Winthrop, Washington		<a href="http://www.esva.online">www.esva.online</a>	CRVC	Various	
Sat Sep 21		Hope – Othello Tunnels Coquihalla Canyon Provincial Park 67400 Tunnels Rd	V0X 1L1	Jan & Rick Bortolussi 778-828-4588	STVC	MW 5/10 1B	Picnic Coquihalla Canyon Provincial Park
Sun Sep 22	10:00	West Vancouver Ambleside - Capilano River Café Crema, 1495 Bellevue Ave	V7T 1C3	Agnes vancouverventurers@gmail.com	VVVC	PT 5/10 2B	Pemberton Station Pub 135 Pemberton Ave 604-984-3558
Thu Sep 26	10:00	Vancouver - Seawall – Science World JJ Bean Café, 1188 Alberni St @ Bute	V6E 1A5	Doug & Nancy or Agnes vancouverventurers@gmail.com	VVVC	PT 5/10 2A	Breka Bakery & Café 818 Bute St 604-620-8200
Sat Sep 28	10:00	Delta – Nordel Cravings Coffee, 11146B – 84 Ave	V4C 2L6	Jill Powers 604-496-6536	STVC	PT 5/10 2A/2B	Delta Lion Pub 11186 84 Ave 604-591-2111
Sun Sep 29	10:00	North Vancouver – Capilano River Regional Park, Cleveland Dam Picnic Area 5077 Capilano Rd.	V7R 4K4	Agnes vancouverventurers@gmail.com	VVVC	MW 5/10 2B/3B	TBA

## OCTOBER 2019

Date	Start Time	Location	Postal Code	Contact Person	Club	Event/ Rating (km)	Eating Establishment
Thu Oct 3	10:00	Vancouver – West End JJ Bean Café, 1188 Alberni St @ Bute	V6E 1A5	Doug & Nancy or Agnes vancouverventurers@gmail.com	VVVC	PT 5/10 2A	Breka Bakery & Café 818 Bute St 604-620-8200
Sat Oct 5	10:00	West Vancouver – Ambleside Café Crema, 1495 Bellevue Ave	V7T 1G3	Agnes vancouverventurers@gmail.com	VVVC	PT 5/10 2B	Pemberton Station Pub 135 Pemberton Ave 604-984-3558
Sun Oct 6	10:00	New Westminster - Queen's Park Queen's Park Picnic Shelter – 3 <sup>rd</sup> St & 1 <sup>st</sup> Ave	V3L 2G6	Leonard Colebert 604-809-5417	STVC	PT 5/10 3B	The Rivers Reach Pub 320 Sixth St 604-777-0101
Thu Oct 10	10:00	Burnaby – Central Park, Starbucks 4405 Central Blvd between Hotel & Bus Loop	V5H 4H3	Lawrence vancouverventurers@gmail.com	VABC	PT 5/10 1B	Boston Pizza – #135 6200 McKay Ave 604-431-6565
Sat Oct 12	10:00	Aldergrove – Aldergrove Regional Park Parking Lot, 8 <sup>th</sup> Ave E of 272 St	V4W 2P4	Vern Sorensen 604-574-4418	STVC	MW 5/10 2B	Fox & Hounds, 26444 32 Ave Off Fraser Hwy 604-856-8111
Sun Oct 13	10:00	Vancouver – Stanley Park – Seawall (West) Running Room, 679 Denman St @ W Georgia	V6G 2L3	Patricia vancouverventurers@gmail.com	VVVC	PT 5/10 1A/2B	White Spot 1616 W Georgia St 604-681-8034
Mon Oct 14	10:00	<b>Thanksgiving</b> - Coquitlam - Mundy Park from Parking Lot 641 Hillcrest St	V3J 2H5	Sherrie & Dick Procopio 604-417-7750	VABC	PT 5/10 2B	John B Pub 1000 Austin Ave 604-931-2337
Thu Oct 17	10:00	Vancouver – Arbutus Greenway (north) Indigo, 2505 Granville St	V6H 3G7	Doug & Nancy vancouverventurers@gmail.com	VVVC	PT 5/10 2A	Manchester Public Eatery 1941 W Broadway 604-568-6867
Sat Oct 19	10:30	Richmond - Richmond Centre Ronsons Shoes, 6551 No 3 Rd	V6Y 2B6	Verni vancouverventurers@gmail.com	VABC	PT 5/10 1B	Legends Pub 9031 Blundell Rd 604-276-2343
Sun Oct 20	10:00	New Westminster – Lower Hume Park East of Holmes – Picnic Shelter	V3L	Evelyn Edwards 604-230-6313 & Bridget Fox 778-870-4160	STVC	MW 5/11 2B	Royal Crown Castle Pub 319 Governors Crt 604-544-5020
Thu Oct 24	10:30	Vancouver - Kitsilano Running Room, 2112 W 4 <sup>th</sup> Ave (W of Arbutus)	V6K 1N6	Doug & Nancy vancouverventurers@gmail.com	VVVC	PT 5/10 2B	Jam Café, 2153 W 4 <sup>th</sup> 604-423-3350 Nelly's Grill, 2061 W 4 <sup>th</sup> 604-736-6588
Sat Oct 26	10:00	Vancouver – Stanley Park – Trails Running Room, 679 Denman St @ W Georgia	V6G 2L3	Patricia vancouverventurers@gmail.com	VVVC	PT 5/10 1A/2B	White Spot 1616 W Georgia St 604-681-8034
Sun Oct 27	10:30	Vancouver – False Creek Tilley Vancouver, 1750 W Broadway	V6J 1Y1	Chris Walter 604-377-8326	STVC	PT 5/10/12/15/17 2A	Carlos O'Bryan's 1774 W 7 <sup>th</sup> Ave 604-732-0010
Thu Oct 31	10:00	Delta – Ladner, Ricky's All Day Drill 5239 Ladner Trunk Rd	V4K 1W4	Tish vancouverventurers@gmail.com	VVVC	PT 5/10 1B	Ricky's All Day Grill 604-946-7880

## NOVEMBER 2019

Date	Start Time	Location	Postal Code	Contact Person	Club	Event/ Rating (km)	Eating Establishment
Sat Nov 2	10:00	Fort Langley – Brae Island & Historic Fort Langley, 9451 Glover Rd	V2W	Denise Roussel 778-552-7530	STVC	MW 5/10 1B	The Fort Pub & Grill 9273 Glover Rd 604-888-6166
Sun Nov 3	10:00	Vancouver - Kitsilano – Granville Island Running Room, 2112 W 4 <sup>th</sup> Ave (W of Arbutus)	V6K 1N6	Sona & Susan vancouverventurers@gmail.com	VVVC	PT 5/10 2B	Nelly's Grill, 2061 W 4 <sup>th</sup> 604-736-6588 Bimini Pub, 2010 W 4 <sup>th</sup> 604-733-7116
Thu Nov 7	10:00	Vancouver - Stanley Park Siwash Rock Viewpoint Running Room, 679 Denman St @ W Georgia	V6G 2L3	Patricia vancouverventurers@gmail.com	VVVC	PT 5/10 1A/2B	White Spot 1616 W Georgia St 604-681-8034
Sat Nov 9	10:00	Surrey – Fleetwood, Serpentine Hills Parking Lot 96 Ave @ 172 St	V4N 2E2	Betty Agren 604-581-8090	STVC	PT 5/10 2B	Edith + Arthur 8410 -160 <sup>th</sup> St 604-503-3477
Sun Nov 10	10:00	West Vancouver Ambleside - Capilano River Café Crema, 1495 Bellevue Ave	V7T 1C3	Agnes vancouverventurers@gmail.com	VVVC	PT 5/10 2B	Pemberton Station Pub 135 Pemberton Ave 604-984-3558
Mon Nov 11	09:45	<b>Remembrance Day</b> – New Westminster Inn at the Quay, 900 Quayside Dr	V3M 6G1	Leonard Colebert 604-809-5417	STVC	PT 5/10 3B	Paddlewheeler Pub 810 Quayside Dr 604-524-1894
Thu Nov 14	10:00	Vancouver - Seawall – Science World JJ Bean Café, 1188 Alberni St @ Bute	V6E 1A5	Doug & Nancy or Agnes vancouverventurers@gmail.com	VVVC	PT 5/10 2A	Breka Bakery & Café 818 Bute St 604-620-8200
Sat Nov 16	10:00	Vancouver – Shaughnessy/QE Park, Indigo, 2505 Granville St	V6H 3G7	Sona & Susan vancouverventurers@gmail.com	VVVC	PT 5/10 2A	Manchester Public Eatery 1941 W Broadway 604-568-6867
Sun Nov 17	10:00	South Delta - Tsawwassen Diefenbaker Park, 6579 – 1 Ave	V4M 3X9	Tish Sladden 604-505-0319	STVC	MW 5/10 2B	The Rose & Crown Pub 1203 56 St 604-943-1515
Thu Nov 21	10:00	Vancouver – Stanley Park – Lions Gate Running Room, 679 Denman St @ W Georgia	V6G 2L3	Patricia vancouverventurers@gmail.com	VVVC	PT 7/10 1A/2B	White Spot 1616 W Georgia St 604-681-8034
Sat Nov 23	10:00	Vancouver – Downtown - Chinatown JJ Bean Café, 1188 Alberni St @ Bute	V6E 1A5	Doug & Nancy or Agnes vancouverventurers@gmail.com	VVVC	PT 5/10 2A	Urban Fare, 1133 Alberni St 604-648-2053
Sun Nov 24	10:30	Vancouver – False Creek Tilley Vancouver, 1750 W Broadway	V6J 1Y1	Chris Walter 604-377-8326	STVC	PT 5/10/12/15/17 2A	Manchester Public Eatery 1941 W Broadway 604-568-6867
Thu Nov 28	10:00	Vancouver – Stanley Park – Seawall (East) Running Room, 679 Denman St @ W Georgia	V6G 2L3	Patricia vancouverventurers@gmail.com	VVVC	PT 5/10 1A/2B	White Spot 1616 W Georgia St 604-681-8034
Sat Nov 30	10:00	Richmond – Steveston Community Centre 4111 Moncton St	V7E 3A8	Verni vancouverventurers@gmail.com	VABC	PT 5/10 1B	O'Hare's Pub 5031 Steveston Hwy 604-277-2305

## DECEMBER 2019

Date	Start Time	Location	Postal Code	Contact Person	Club	Event/ Rating (km)	Eating Establishment
Sun Dec 1	10:00	Surrey – Crescent Park Crescent Rd & 129 Street	V4P 1J6	Jerry van Zuuk & Markku Vuorensivu 604-837-1869	STVC	PT 5/10/11 1B/3B	Ocean Park Village Pub 12822 16 Ave 604-536-9654
Thu Dec 5	10:00	West Vancouver – Ambleside Café Crema, 1495 Bellevue Ave	V7T 1C3	Agnes vancouverventurers@gmail.com	VVVC	PT 5/10 2B	Any café/restaurant on Marine Dr
Sat Dec 7	15:00	<b>Christmas Lights</b> - Vancouver Downtown/West End, JJ Bean Café 1188 Alberni St @ Bute	V6E 1A5	Rita vancouverventurers@gmail.com	VVVC	PT 5/10 2A	Urban Fare, 1133 Alberni St 604-648-2053
Sun Dec 8	10:00	Port Moody – Rocky Point The Runners' Den, 239 Newport Dr	V3H 5C9	Bridget Fox 778-870-4160	VABC	PT 5/6/10 1B	Browns Socialhouse 215 Newport Dr 604-461-7676
Thu Dec 12	10:00	Richmond – Terra Nova Thompson Community Centre 5151 Granville Ave	V7C 1E6	Denise vancouverventurers@gmail.com	VABC	PT 5/10 1B	O'Hare's Pub 5031 Steveston Hwy 604-277-2305
Sat Dec 14	16:30/ 17:15	<b>Christmas Lights &amp; Pot Luck</b> - White Rock White Rock Lawn Bowling Club 1079 Dolphin 10km start: 16:30; 5km start 17:15	V4B 4G4	Ellie Riese 604-585-2329	STVC	EMW 5/10 2A	Pot Luck
Sun Dec 15	10:00	Vancouver - Kitsilano Running Room, 2112 W 4 <sup>th</sup> Ave (W of Arbutus)	V6K 1N6	Sona & Susan vancouverventurers@gmail.com	VVVC	PT 5/10 2B	Nelly's Grill, 2061 W 4 <sup>th</sup> 604-736-6588 Bimini Pub, 2010 W 4 <sup>th</sup> 604-733-7116
Thu Dec 19	10:00	Vancouver – Stanley Park – Seawall (West) Running Room, 679 Denman St @ W Georgia	V6G 2L3	Patricia vancouverventurers@gmail.com	VVVC	PT 5/10 1A/2B	White Spot 1616 W Georgia St 604-681-8034
Sat Dec 21	10:00	Coquitlam – Coquitlam Centre/TCT, Ronsons Shoes, 2929 Barnet Hwy (inside North East Mall Entrance in front of H&M)	V3B 5R5	Evelyn Edwards 604-461-0060	VABC	PT 5/10 2B	Samz Neighbourhood Pub 2342 Elgin Ave 604-461-1174
Sun Dec 22	10:00	Vancouver – West End JJ Bean Café, 1188 Alberni St @ Bute	V6E 1A5	Doug & Nancy or Agnes vancouverventurers@gmail.com	VVVC	PT 5/10 2A	Urban Fare, 1133 Alberni St 604-648-2053
Wed Dec 25	10:00	<b>Christmas Day</b> - Langley – Langley Parks Best Western Plus, 5978 Glover Rd	V3A 4H9	Sandra Kurylo 604-534-8806	STVC	PT 5/10/11 2B	Match Eatery & Public House 20393 Fraser Hwy 604-539-4424
Thu Dec 26	10:00	<b>Boxing Day</b> - Delta – Ladner Ricky's All Day Drill 5239 Ladner Trunk Rd	V4K 1W4	Jerry & Markku vancouverventurers@gmail.com	VVVC	PT 5/10 1B	Ricky's All Day Grill 604-946-7880
Sat Dec 28	10:00	Burnaby – Central Park, Starbucks 4405 Central Blvd between Hotel & Bus Loop	V5H 4H3	Lawrence & Sharon vancouverventurers@gmail.com	VABC	PT 5/10 1B	Firefighters Club 6515 Bonsor Ave 604-437-4347
Sun Dec 29	10:00	Delta – Nordel Cravings Coffee, 11146B – 84 Ave	V4C 2L6	Jill Powers 604-496-6536	STVC	PT 5/10 2A/2B	Delta Lion Pub 11186 84 Ave 604-591-2111