



**CANADIAN VOLKSSPORT FEDERATION
VANCOUVER 'VENTURERS VOLKSSPORT CLUB
2024 PERMANENT TRAILS
REGISTRATION FORM AND WAIVER**



Before starting any of the walks listed below, please ensure that the waiver is signed and emailed to vancouverventurers@gmail.com

WAIVER OF LIABILITY

I have read this Waiver, which covers my participation in all Volkssport Events (Events”) listed on this registration form and that are organized by Vancouver 'Venturers Volkssport Club under the Canadian Volkssport Federation (“CVF”). In consideration of my signing this Waiver and thus being permitted to take part in these Events, I agree to save harmless and keep indemnified CVF, its members, officers, directors, their agents and club volunteers (collectively “Volkssport”) from and against all claims by me and all claims brought on my behalf. This includes, but is not limited to, actions for damages, costs and expenses in respect to injury to my person or death, or loss or damage to my property arising out of or caused by my participation in these Events, even if that injury to my person or death, or loss or damage to my property, has been contributed to or caused by the negligence of “Volkssport”. I understand and agree that this Waiver is binding on me, my heirs, executors, and assigns.

SIGNATURE	DATE
PRINT NAME	CITY, PROVINCE
EMAIL	PHONE #
PHONE #	CLUB

For information on fee payment, obtaining of labels or if you would prefer to receive electronic labels on insert cards (indicate how many), please email: vancouverventurers@gmail.com.

PT #	PT NAME	DISTANCES (Circle as applicable)	DATE(S) COMPLETED Or # of times completed	FEE \$1.00 / walk or coupon #
179	BURNABY – Central Park			
	1. Central Park	5K, 10K		
	2. Central Park Plus Two Parks	10K		
	3. Deer Lake Park	10K		
63	DELTA - Ladner			
	1. Historic Town Walk	5K, 10K		
	2. Pioneers and Essential Workers Walk	5K, 6K, 10K		
21	DELTA - Tsawwassen			
	1. Beach Grove Rambles	6K, 10K		
	2. Central Walk	5K, 10K		
	3. Heron Rookery Walk	5K, 10K		
328	NORTH VANCOUVER – Lonsdale Quay			
	1. Edgemont Village	10K		
	2. Mosquito Creek	6K, 10K, 11K		
	3. Spirit Trail East – Lynn Creek	6K, 10K		
	4. Spirit Trail West – Mahon Park	10K		
	5. Spirit Trail West – McKay Creek	6K, 10K		

2024 Permanent Trails Registration Form and Waiver – Cont'd

PT #	PT NAME	DISTANCES (Circle as applicable)	DATE(S) COMPLETED Or # of times completed	FEE \$1.00 / walk or coupon #
46	RICHMOND – Central Richmond			
	1. Minoru Park & Middle Arm Dyke	6K, 10K		
	2. Three Parks	6K, 10K		
	3. Shell Road Trail	6K, 10K		
81	RICHMOND - Steveston			
	1. Britannia Shipyards	5K/10K		
	2. Railway Greenway & Dykes	10K		
	3. South Dyke	5K, 10K		
155	RICHMOND - Terra Nova/Sea Island			
	1. Burkeville	10K		
	2. Rural Park	5K, 10K		
	3. West Dyke & Railway Greenway	11K		
79	VANCOUVER - Downtown			
	1. Chinatown	10K		
	2. Lost Lagoon – Blue Heron Colony	10K		
	3. Science World	7K, 10K		
	4. Victory Square – Yaletown (after May 20)	6K, 8K, 10K		
	5. West End	5K, 6K, 11K		
86	VANCOUVER – Kerrisdale			
	1. Arbutus Ridge	5K, 10K		
	2. Arbutus Greenway (South)	5K, 10K		
162	VANCOUVER - Kitsilano/West Point Grey			
	1. Burrard Bridge – Granville Island	6K, 10K		
	2. Point Grey – Vanier Park	6K, 10K		
	3. Jericho Beach Park	6K, 10K		
	4. Locarno Beach	10K		
	5. Spanish Banks – Pacific Spirit Reg. Park	10K		
164	VANCOUVER - Shaughnessy			
	1. Arbutus Greenway – North	6K, 10K		
	2. Olympic Village – Cambie Bridge	6K, 10K		
	3. Queen Elizabeth Park	5K, 10K		
	4. Quilchena Park	6K, 10K		
	5. Kensington – Mountain View	5K, 10K		
53	VANCOUVER - Stanley Park			
	1. Aquarium – Hollow Tree	10K		
	2. Beaver Lake	5K		
	3. Best of Stanley Park Trails	10K		
	4. Ferguson Point	10K		
	5. Lake & Lagoon	10K		
	6. Prospect Point – Lions Gate Bridge	8K, 10K		
	7. Seawall – East	10K, 11K		
	8. Seawall – West	10K, 11K		
	9. Seawall – East – Rose Garden	5K		
10. Trails – Connie’s Walk	10K, 11K			
252	WEST VANCOUVER - Ambleside			
	1. Architecture & Historical Walk	6K, 10K		
	2. Capilano River	10K, 13K		
	3. Dunderave	5K, 10K		
	4. Lions Gate Bridge – Prospect Point	10K		