CANADIAN VOLKSSPORT FEDERATION
VANCOUVER VENTURERS VOLKSSPORT CLUB
2026 PERMANENT TRAILS
REGISTRATION FORM AND WAIVER

Before starting any of the walks listed below, please ensure that the waiver is signed and emailed to vancouverventurers@gmail.com

WAIVER OF LIABILITY

I have read this Waiver, which covers my participation in all Volkssport Events (Events") listed on this registration form and that are organized by Vancouver 'Venturers Volkssport Club under the Canadian Volkssport Federation ("CVF"). In consideration of my signing this Waiver and thus being permitted to take part in these Events, I agree to save harmless and keep indemnified CVF, its members, officers, directors, their agents and club volunteers (collectively "Volkssport") from and against all claims by me and all claims brought on my behalf. This includes, but is not limited to, actions for damages, costs and expenses in respect to injury to my person or death, or loss or damage to my property arising out of or caused by my participation in these Events, even if that injury to my person or death, or loss or damage to my property, has been contributed to or caused by the negligence of "Volkssport". I understand and agree that this Waiver is binding on me, my heirs, executors, and assigns.

SIGNATURE _____ **DATE** _____

PRINT NAME _____ **CITY, PROVINCE** _____

EMAIL _____ **PHONE #** _____ **CLUB** _____

For information on fee payment, obtaining of labels or if you would prefer to receive electronic labels on insert cards (indicate how many), please email: vancouverventurers@gmail.com.

PT #	PT NAME	DISTANCES (Circle as applicable)	DATE(S) COMPLETED Or # of times completed	FEE $1.00 / walk or coupon #
179	**BURNABY – Central Park**			
	1. Central Park	5K, 10K		
	2. Central Park Plus Two Parks	10K		
	3. Deer Lake Park	10K		
	4. Everett Crowley Park	10K		
359	**BURNABY – EDMONDS PARK** (New in 2026)			
	1. Byrne Creek Ravine Park	5K, 10K		
	2. George Derby Conservation Area	6K, 10K		
	3. Robert Burnaby Park – Deer Lake - Buckingham Heights	5K, 10K		
173	**BURNABY – SQUINT LAKE PARK**			
	1. Burnaby Mountain	6K, 10K		
	2. Forest Grove	5K, 10K		
	3. Stoney Creek (New in 2026)	5K, 10K		
63	**DELTA - Ladner**			
	1. Historic Town Walk	5K, 10K		
	2. Pioneers and Essential Workers Walk	5K, 6K, 10K		
	3. Parks Walk	6K, 7K, 10K		
	4. Ladner Reach Marina (New in 2026)	7K, 10K		

PT #	PT NAME	DISTANCES (Circle as applicable)	DATE(S) COMPLETED Or # of times completed	FEE $1.00 / walk or coupon #
21	**DELTA - Tsawwassen**			
	1. Beach Grove Rambles	6K, 10K		
	2. Central Walk	5K, 10K		
	3. Heron Rookery Walk	5K, 10K		
	4. Tsawwassen FN - Farm & Industry Walk	5K, 7K, 10K		
328	**NORTH VANCOUVER – Lonsdale Quay**			
	1 Edgemont Village	10K		
	2 Mosquito Creek	6K, 10K, 11K		
	3 Spirit Trail East – Lynn Creek	5K, 10K		
	4 Spirit Trail West – Mahon Park	6K, 10K		
	5 Spirit Trail West – McKay Creek	6K, 10K		
46	**RICHMOND – Central Richmond**			
	1. Minoru Park & Middle Arm Dyke	6K, 10K		
	2. Three Parks	6K, 10K		
	3. Shell Road Trail	6K, 10K		
81	**RICHMOND - Steveston**			
	1. Britannia Shipyards	5K/10K		
	2. Railway Greenway & Dykes	10K		
	3. South Dyke	5K, 10K		
	4. West Dyke	5K, 10K		
155	**RICHMOND - Terra Nova/Sea Island**			
	1. Burkeville	5K, 7K, 10K		
	2. Rural Park	5K, 10K		
	3. West Dyke & Railway Greenway	6K, 11K		
	4. YVR South Terminal & Dykes	5K, 7K, 11K		
79	**VANCOUVER - Downtown**			
	1. Chinatown	10K		
	2. Lost Lagoon – Blue Heron Colony	6K, 10K		
	3. Science World	7K, 10K		
	4. Victory Square – Yaletown	6K, 8K, 10K		
	5. West End	5K, 6K, 11K		
	6. Christmas Lights (after 1st week in Dec)	6K, 10K, 11K		
351	**VANCOUVER – Hastings Sunrise**			
	Burnaby Heights	6K, 10K		
	East Village	5K, 10K		
	Pacific National Exhibition (PNE)	5K, 10K		
86	**VANCOUVER – Kerrisdale**			
	1. Arbutus Ridge	5K, 10K		
	2. Arbutus Greenway (South)	5K, 10K		
	3. Marpole – Fraser River Park	5K, 10K		
162	**VANCOUVER - Kitsilano/West Point Grey**			
	1. Burrard Bridge – Granville Island	6K, 10K		
	2. Point Grey – Vanier Park	6K, 10K		
	3. Jericho Beach Park	6K, 10K		
	4. Locarno Beach	10K		
	5. Spanish Banks – Pacific Spirit Reg. Park	10K		
	6. Spanish Banks – Uni. Endowment Lands	6K, 10K		
164	**VANCOUVER - Shaughnessy**			
	1. Arbutus Greenway (North)	6K, 10K		
	2. Olympic Village – Cambie Bridge	6K, 10K		
	3. Queen Elizabeth Park	5K, 10K		
	4. Quilchena Park	6K, 10K		
	5. Kensington – Mountain View	5K, 10K		
	6. Kensington – Queen Elizabeth Park	10K		

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53	**VANCOUVER - Stanley Park**			
	1. Aquarium – Hollow Tree	10K		
	2. Beaver Lake	5K		
	3. Best of Stanley Park Trails	10K		
	4. Ferguson Point	10K		
	5. Lake & Lagoon	10K		
	6. Prospect Point – Lions Gate Bridge	8K, 10K		
	7. Seawall – East	10K, 11K		
	8. Seawall – West	10K, 11K		
	9. Seawall – East – Rose Garden	5K		
	10. Trails – Connie's Walk	10K		
252	**WEST VANCOUVER - Ambleside**			
	1. Architecture & Historical Walk	6K, 10K		
	2. Capilano River – Pemberton Heights	5K, 10K		
	3. Dundarave	5K, 10K		
	4. Lions Gate Bridge – Prospect Point	10K		